



'Everybody can learn how to have healthy skin,' says Lam, pictured in her new beauty room

# TIME for treatment

A new beauty salon with a different approach opens on Mill Road this month

**B**eauty therapist Lam Le Hanson, who has just set up a treatment room at hairdressing salon Bamboo on Mill Road, is confident that the service she is offering brings something different to people in Cambridge who want better skin.

'I will be offering all the normal beauty salon-type treatments,' says the diminutive,

clear-skinned Lam, 'manicures, pedicures, waxing, etc, but I will specialise in my Dermalogica face treatments. The difference is that clients don't choose a treatment – they choose a time. I do an analysis of their skin – the Dermalogica face mapping – and we come to an agreement about what is needed. Then I do the treatment, according

to the amount of time booked.'

So, whether you have just 20 minutes to spare in your lunchbreak or fancy a 75-minute full-on session; whether you're a spot that needs sorting out, or your skin is in desperate need of hydration; Lam will find the right treatment for you.

## It's about results

She has worked for Dermalogica for nine years, originally in Denmark where she is from, and then in the UK for four years as a trainer for the company. And Dermalogica's philosophy is very much hers, too.

'I don't focus on luxury and pampering the way other skin centres do,' says Lam, 'I specialise in giving the client the result that they want.'

'It's about getting good skin rather than just having a nice experience. Of course people want relaxation, but the main thing skin savvy people want nowadays is results. And that's what I focus on.'

## Do it yourself

The other thing that is different about Lam's service is her skin bar. This is a kind of free, do-it-yourself mini facial. 'Skin Bar is for those clients who perhaps can't afford to have a treatment, or have never tried Dermalogica before, but want to have a go,' says Lam. 'I do the face mapping, find out what type of skin you have, what you want to get out of the products, then I will find four or five different products and you sit and play with them and give yourself a mini treatment. And that's completely free.'

Lam also aims to teach people. 'This is somewhere where people can educate themselves,' she says, 'where people can come and learn how to have healthy skin.'

● Bamboo Skin Care, 202 Mill Road, opens on July 1 and bookings are now being taken. During July there is a 25 per cent discount on all treatments. Skin Bar is free, but must be booked. Call Lam on 07906 249645

## We sent a guinea pig along to try out one of Lam's facials. Here's her verdict...

As with all Dermalogica facials, this one started with face mapping, and Lam was extremely thorough. She talked me through every area of my face, pointing out good and bad things (ouch!). After a thorough analysis, she decided to base my treatment on the new Chromawhite range, which fights pigmentation and brightens the skin. She also wanted to use the AgeSmart range, which helps to prevent and reduce other signs of ageing, including loss of elasticity.

I found the fact that Lam told me everything that was going on and explained exactly what she was putting on my face and why at every step very reassuring. I know she says it's 'about treatment, not treat' but I definitely drifted off while she gave me a face massage.

The treatment took about an hour, and I walked away with skin looking peachy, healthy and glowing – I didn't even feel

embarrassed about leaving the salon without any makeup on. And, with home use of the AgeSmart range, the effects have lasted.

I will definitely be making an effort to go back and have regular treatments.

