

WINTERISING YOUR SKINCARE

ARTICLE by Lam Le Hansen, Bamboo Skincare



Over the course of winter, skin will suffer from the harsh weather. Very often we will experience dry, scaly and tight feeling skin which are all signs of dehydration. Dehydration can lead to skin sensitisation and premature ageing, including fine lines, redness and irritation.

Whether we have dry or oily skin, our natural skin protection will weaken and our hydration level will decline as we age. To keep skin well nourished and protected, Bamboo Skincare recommends a special Vitamin Boosting face treatment that will improve the barrier of the skin and prevent against the damages that may occur during the cold winter months.

Treatments will include fantastic ingredients and Multivitamins such as Vitamins A,C,E,B5. They are great antioxidants and protectors of skin. They'll help normalise and treat signs of ageing, and heal skin whilst fighting pollution with free radicals.

Other important ingredients to help dehydration are silicone and hyaluronic acid which can help with plumpness and hydration. Hyaluronic acid can bind 1000 times its own weight in water, whilst silicone will repair the skin barrier. They are both fantastic at keeping moisture within the skin.

Treatments at Bamboo will always start with a thorough consultation to enable the therapist to tailor the treatment; thereafter a face mapping skin analysis will be performed, to determine exactly what your skin needs. You'll leave the salon feeling very relaxed and great with your skin.

To give you a kick-start book a Vitamin Boosting face treatment and receive an additional Vitamin Boosting hand and arm treatment which you can either enjoy yourself or give away as a gift voucher. **velvet***

Bamboo Skincare, 202 Mill Road,
Cambridge, Tel: 07869 021202.