

BAMBOO skincare

www.bambooskincare.co.uk



BAMBOO
skincare
15% off
all face treatments
in September

Quote Velvet when booking
to take advantage of this offer.

Bamboo Skincare specialises in professional face treatments which are relaxing, informing and results driven with attention to customer service.

At Bamboo we don't see our facial treatments as a luxury... but an investment in your skin health!

dermalogica[®]

a skin care system researched and developed by The International Dermal Institute

For more information visit www.bambooskincare.co.uk or call 07869 021202
For bookings email booking@bambooskincare.co.uk. Visit us at 202 Mill Road · Cambridge · CB1 3NF

GETTING THE FOUNDATIONS RIGHT

DON'T FORGET YOUR BEAUTY REGIME

With professional wedding photography trickery such as clever lighting and the all-important retouching, it may be tempting to forget about your natural skin. After all, why bother if computers can iron out the blemishes and lighting can add radiance? But what about inner confidence and achieving the dream skin you have always desired...?

I must admit I'm a beauty treatment addict, always up for something new, but I'd also be labelled as 'disloyal' by most. By disloyal, I mean that I would hunt out the best salon for waxing, then would go to a spa at the other end of town for a massage, and would have my nails and feet done at a health club on my way home from work – I don't have loyalty to one salon, I just find that each place is particularly good at certain treatments! No more so than my latest find, Bamboo Skincare on Mill Road, Cambridge.

Like other salons, Bamboo do the

regular waxing and nails but specialise in facials using Dermalogica products.

Lam, the therapist at Bamboo, has nine years' experience under her belt working with Dermalogica in a training capacity; having missed the hands-on approach, she opened her salon this summer. Her philosophy is not only to improve the condition of her clients' skin in the short term, but also to make a lasting difference by passing on her knowledge of home care routines. "It's about getting great skin, and leaving knowing how to keep your great skin healthy in the long run. Although my clients will have a relaxing experience, that isn't the reason they come, they come to get results," says Lam.

During my facial, my skin was given a thorough fifteen minute analysis, a process called face mapping. It seemed like every square inch of my face was scrutinised, and what shocked me was that is each area seemed to present a

different skin type or skin concern. My skin would be treated with various products, each used in the appropriate place, for dehydration, premature ageing and overall skin brightening. At each stage it was explained to me why certain products were being used, and home care advice was given along the way. As I've said, this wasn't meant to be relaxing, so instead of drifting off to sleep I was read the riot act on SPF's and exfoliation! My gosh did it work! This week I've been using my SPF every day, even when it's dull, and of course exfoliating three times per week.

After I'd been in the treatment room for an hour and a half, I was excited about seeing the results. With not a scrap of make-up on - I was offered it, but it felt like a crime to plaster foundation on - my skin looked almost translucent and clean, and felt plump and soft too. The facials at Bamboo are definitely one for my little black book of beauty! **velvet**

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